

ABOUT THE PATIENT

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home phone: _____ Birth date: _____

Cell Phone: _____ Work Phone: _____

Email: _____

Occupation: _____

Employer: _____

Work address: _____

Marital Status: _____

Do you have any children? Ages: _____

Social Security #: _____

Health Insurance: _____

ABOUT YOUR SIGNIFICANT OTHER/ EMERGENCY CONTACT

Name: _____

Employer: _____

Work phone: _____

Occupation: _____

REASON FOR THIS VISIT

* Describe the purpose of this visit: _____

* When did this condition begin? _____

* What makes it better? _____

* What makes it worse? _____

* Does the pain

☐ Stay in one spot ☐ Radiate to other areas

* Type of pain

☐ Sharp/Stabbing ☐ Burning ☐ Pins and Needles

☐ Ache ☐ Numbness ☐ Other

* Has this condition

☐ Gotten worse ☐ Stayed constant ☐ Comes and goes

* Does this condition interfere with

☐ Work ☐ Sleep ☐ Daily routine ☐ Other activities

Please explain _____

* Has this condition occurred before? ☐ Yes ☐ No

Please explain _____

* Have you seen other doctors for this condition?

☐ Yes ☐ No

Doctor's Name(s): _____

Types of treatment: _____

Results: _____

Any other recent health concerns? _____

EXPERIENCE WITH CHIROPRACTIC

MEDICATIONS I NOW TAKE

- | | |
|---|--|
| <input type="checkbox"/> Nerve pills | <input type="checkbox"/> Stimulants |
| <input type="checkbox"/> Blood thinners | <input type="checkbox"/> Tranquilizers |
| <input type="checkbox"/> Muscle relaxer | <input type="checkbox"/> Insulin |
| <input type="checkbox"/> Blood pressure medicine | |
| <input type="checkbox"/> Pain killers (including aspirin) | |
| <input type="checkbox"/> None | |
| <input type="checkbox"/> _____ | |
| <input type="checkbox"/> _____ | |
| <input type="checkbox"/> _____ | |

Who referred you to this office? _____

Have you been adjusted by a Chiropractor before? ☐ Yes ☐ No

Reason for those visits? _____

Doctor's name _____

Approximate date of last visit _____

Has any adult in your family seen a Chiropractor? ☐ Yes ☐ No

Has any child in your family seen a Chiropractor? ☐ Yes ☐ No

- * Were you aware that
- Doctors of Chiropractic work with the nervous system? ☐ Yes ☐ No
 - The nervous system controls all bodily functions and systems? ☐ Yes ☐ No

HEALTH CONDITIONS

Please check each of the diseases or conditions you have now or have had in the past. While they may seem unrelated to the purpose of the appointment, they can affect the overall analysis, care plan and the possibility of being accepted for care.

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Heart surgery/
pacemaker | <input type="checkbox"/> Arthritis | |
| <input type="checkbox"/> Ulcers/Colitis | <input type="checkbox"/> Heart attack/stroke | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Shingles | |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Congenital heart defect | <input type="checkbox"/> Kidney problems | |
| <input type="checkbox"/> Loss of sleep | <input type="checkbox"/> High/Low blood pressure | <input type="checkbox"/> Hepatitis | |
| <input type="checkbox"/> Pain between shoulders | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Cancer | |
| <input type="checkbox"/> Frequent neck pain | <input type="checkbox"/> Asthma | <input type="checkbox"/> Chemotherapy | |
| <input type="checkbox"/> Numbness in
Arms/legs/hands | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Rheumatic fever | |
| <input type="checkbox"/> Pain in
arms/legs/hands | <input type="checkbox"/> Alcohol/drug abuse | <input type="checkbox"/> Psychiatric problems | |
| <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Surgeries | <input type="checkbox"/> Thyroid problems | |
| | <input type="checkbox"/> Digestive problems | <input type="checkbox"/> Lower back problems | |

* For women:

- | | | |
|---------------------------------------|------------------------------|-----------------------------|
| Are you pregnant? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you nursing? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you taking birth control? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you experience painful
periods? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have irregular
cycles? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

☐ Other(s): _____

CURRENT LIFESTYLE

Physical Dimension

- | | No | Yes |
|----------------------------------|--------------------------|--------------------------|
| Do you exercise regularly? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you stretching daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are you interested in exercise? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you pay attention to posture? | <input type="checkbox"/> | <input type="checkbox"/> |

Psychological Dimension

- | | No | Yes |
|---|--------------------------|--------------------------|
| Do you feel "stressed out" regularly? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you practice relaxation/meditation
techniques daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you handle stress in a positive way? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is lack of time and/or energy during
the day a source of stress for you? | <input type="checkbox"/> | <input type="checkbox"/> |

Bio-Chemical Dimension

- | | No | Yes |
|---|--------------------------|--------------------------|
| Do you eat prepared, processed or fast foods? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you smoke? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you consume caffeinated, carbonated, or
drinks high in sugar daily? | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you take nutritional supplements? | <input type="checkbox"/> | <input type="checkbox"/> |

Overall

- | | No | Yes |
|--|--------------------------|--------------------------|
| Are you satisfied with your current level of health? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your current level of health limiting you from
doing things you enjoy? | <input type="checkbox"/> | <input type="checkbox"/> |
| Would you like help improving your current lifestyle? | <input type="checkbox"/> | <input type="checkbox"/> |

GOALS FOR MY HEALTH

** PLEASE MARK ON THE CONTINUUM:

1. Where you feel you are now.

2. Where you want to be.



I understand that all services are to be paid in full at the time of service. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I clearly understand that all services rendered to me are charged directly to me and I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional service rendered to me will be immediately due and payable. I authorize the use of this signature on any insurance submissions.

Signature: _____

Date: _____